

# Come Follow Me

NEW TESTAMENT 2019

## BAPTISM OBJECT LESSON

### Matthew 3; Mark 1; Luke 3

All three of this week's chapters tell about the baptism of Jesus Christ. We have all been commanded to be baptized just like Jesus (John 3:5). Here are some ideas for discussing and learning about the ordinance of baptism:

- Read and discuss the fourth Article of Faith: "We believe that the first principles and ordinances of the Gospel are: first, Faith in the Lord Jesus Christ; second, Repentance; third, Baptism by immersion for the remission of sins; fourth, Laying on of hands for the gift of the Holy Ghost."
- Watch videos from the LDS Media Library about the baptism of Christ. ["The Baptism of Jesus"](#) is a good option. Younger kids may understand the story better by watching the ["Jesus Is Baptized"](#) video from the New Testament Stories collection.
- Talk about the covenants made when you get baptized. We promise to take upon ourselves the name of Jesus Christ, keep His commandments, and serve Him to the end (Mosiah 18:8-10 and D&C 20:37). In return, God gives us blessings like the constant companionship of the Holy Ghost, the remission of sins, being spiritually reborn, and eternal life (2 Nephi 31:19-20). (More information can be found in the LDS Gospel Topics [section on baptism](#).) Consider making a simple chart outlining these promises.
- Talk about how we renew this covenant each week when we take the sacrament (D&C 20:77-79).
- Read ["Logan's Baptism,"](#) a story from the Friend about the steps we need to take to get back to heaven.

Finally, here is a fun visual activity to do after discussing the importance of baptism and repentance:

**Materials:** glass of water, food coloring, spoon, and a glass of bleach (make sure you have more bleach than water)

1. Pour water into a glass and explain that this represents us.
2. Add a drop of food coloring to the water (stir it in completely with a spoon) and explain that sometimes we make mistakes and sin, making us not feel very good on the inside.
3. Then pour the bleach into the water as you explain that baptism and repentance can make us clean again and feel better.
4. Wait a minute, and the water should become clear again.

\*Consider allowing your children to participate by dropping in the food coloring, stirring it in, and pouring in the bleach if they are old enough.

