

Come, Follow Me

NEW TESTAMENT 2019

JESUS SAYS, "I AM"

Materials: "I AM" posters (free printables attached to this document), scriptures for each family member

Instructions: Tell the family that you will be studying the different ways that Jesus identified himself through "I AM" statements. These comparisons to everyday objects were like the parables, meant to help the people understand better Jesus' role in their lives.

Hand out one or two posters to each family member. Instruct them to look up the scriptures indicated and fill in the blank with the "I AM" statement that Jesus used in that particular case.

When all the posters have been filled in, have family members take turns sharing what they found in the scriptures and then explaining what Jesus' role means in their lives, especially as it relates to the "I AM" statement.

Example: Jesus said, "I am that bread of life" (John 6:48). Bread is what sustained people physically during ancient times, and was seen as the staff of life. Jesus can sustain us spiritually if we can come closer to him each day. We need to build our relationship with Jesus daily, just like we need to eat food daily.

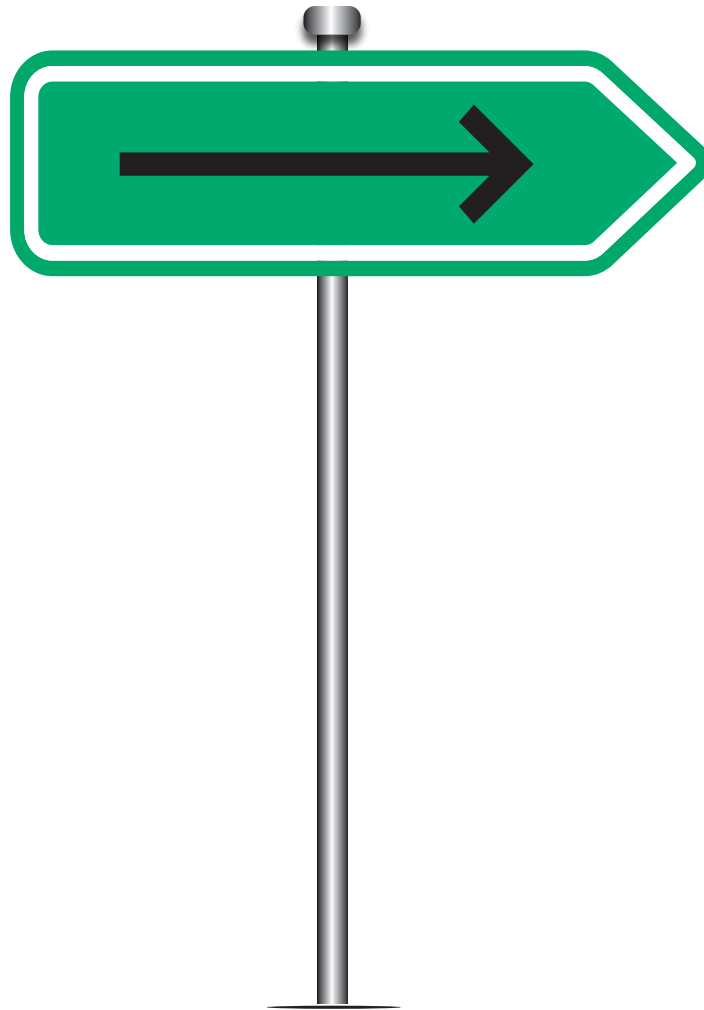
Additional Information:

I AM = JEHOVAH

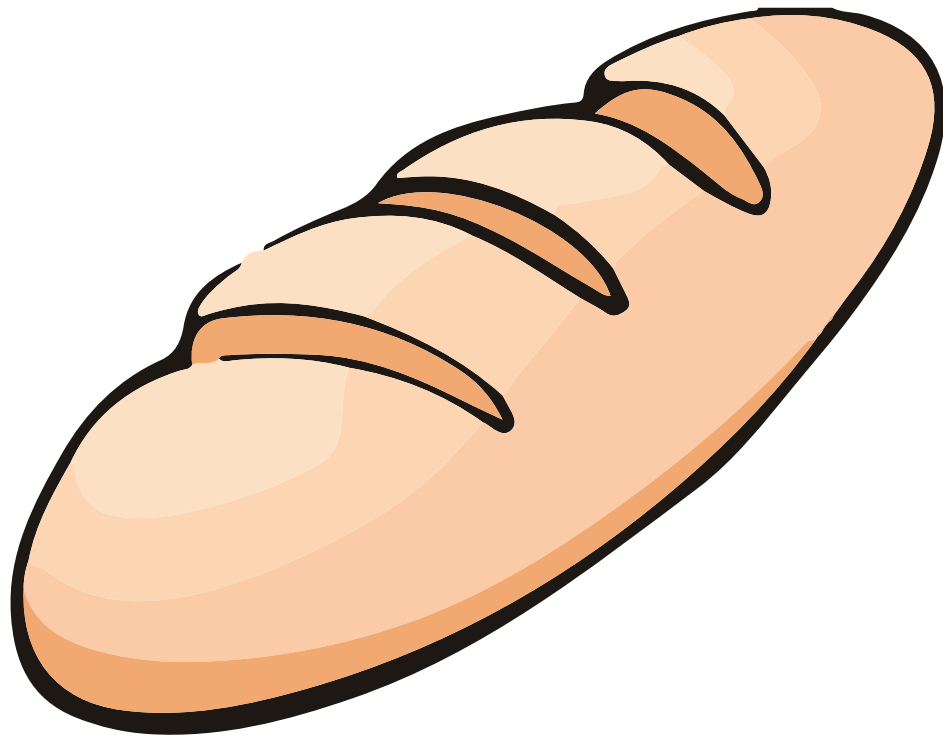
We also believe that Jesus was the Jehovah of the Old Testament. Under the word "Jehovah," the Bible Dictionary states: "The covenant or proper name of the God of Israel. It denotes the "Unchangeable One," "the eternal I AM" ([Ex. 6:3](#); [Ps. 83:18](#); [Isa. 12:2](#); [26:4](#)). The original pronunciation of this name has possibly been

lost, as the Jews, in reading, never mentioned it but substituted one of the other names of God, usually Adonai. Probably it was pronounced Jahveh, or Yahveh. In the KJV, the Jewish custom has been followed, and the name is generally denoted by LORD or GOD, printed in small capitals.

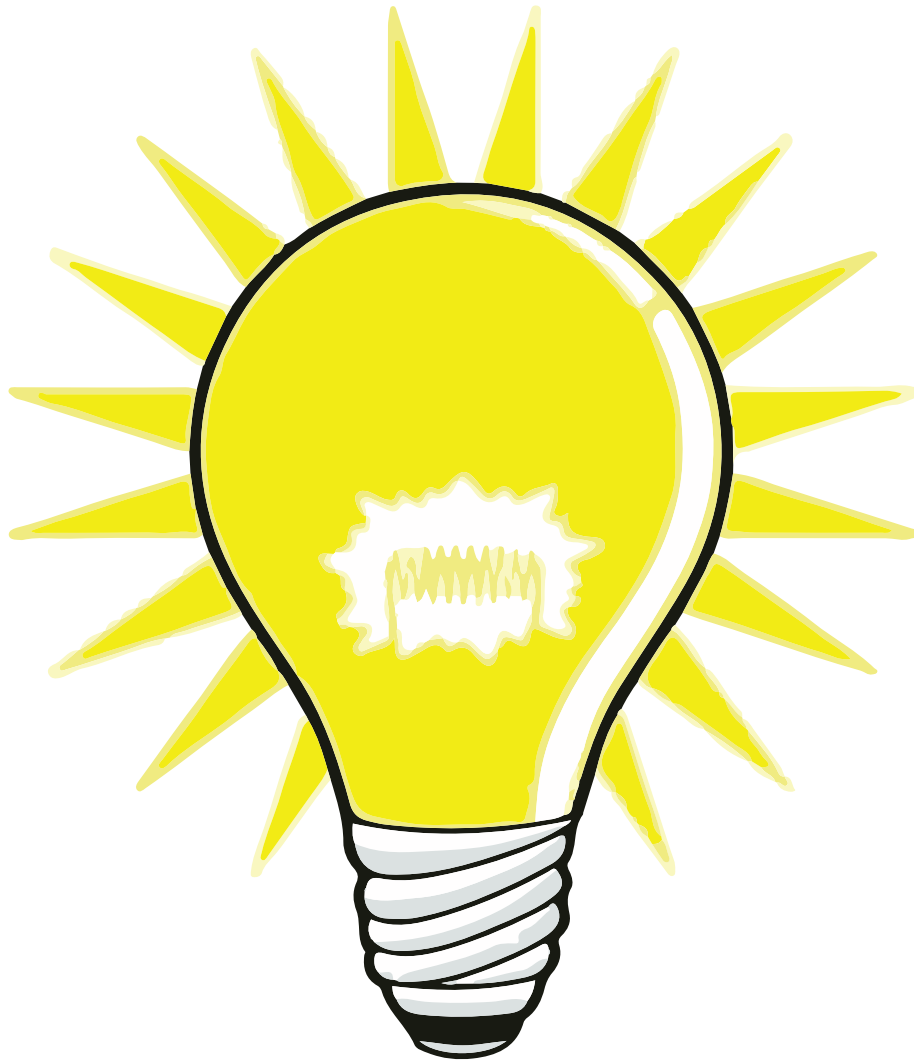
Jehovah is the premortal Jesus Christ and came to earth being born of Mary (see [Mosiah 3:8](#); [15:1](#); [3 Ne. 15:1–5](#); [D&C 110:1–10](#)). Although [Ex. 6:3](#) states that the God of Israel was not known by the name Jehovah before Moses' time, latter-day revelation tells us otherwise; see [JST Ex. 6:3 \(Ex. 6:3 note c\)](#); [Abr. 1:16](#); [2:8](#); see also [Gen. 22:14](#).”



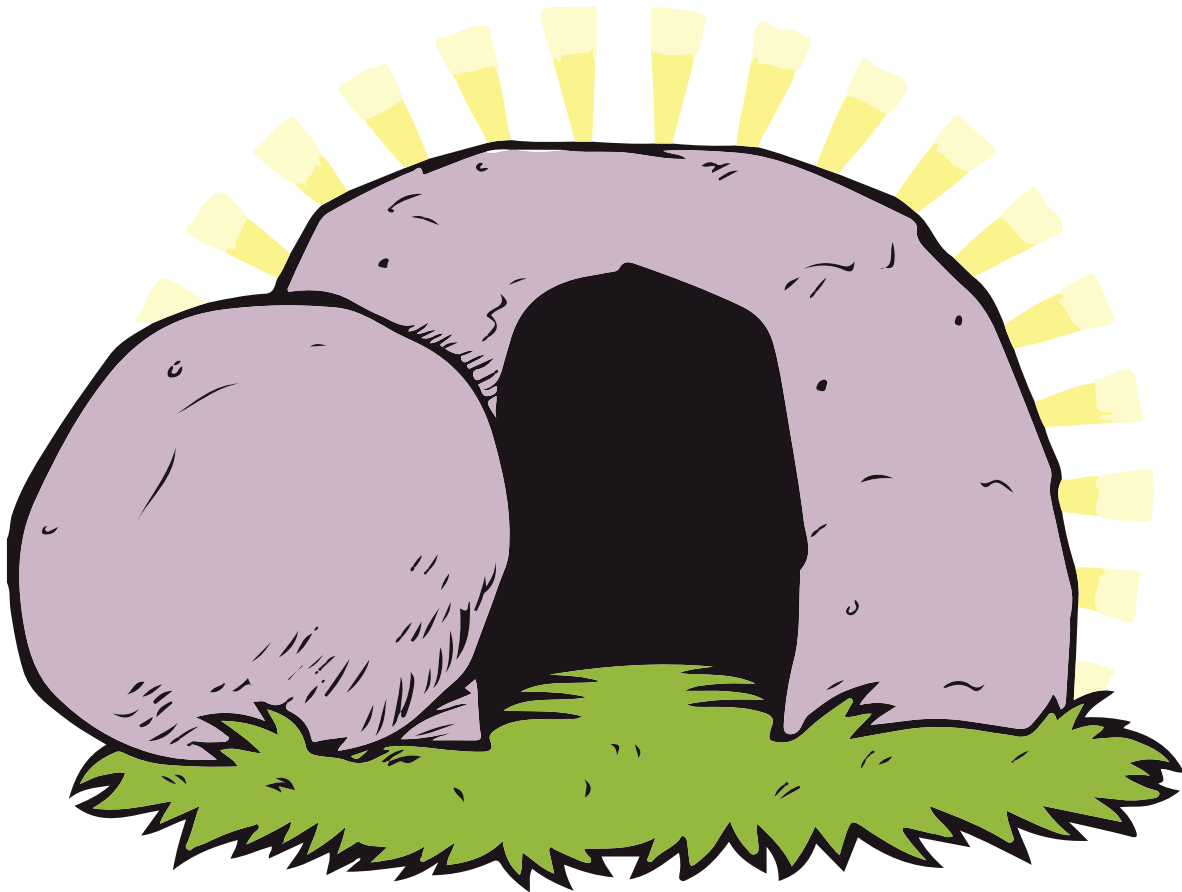
John 14:6



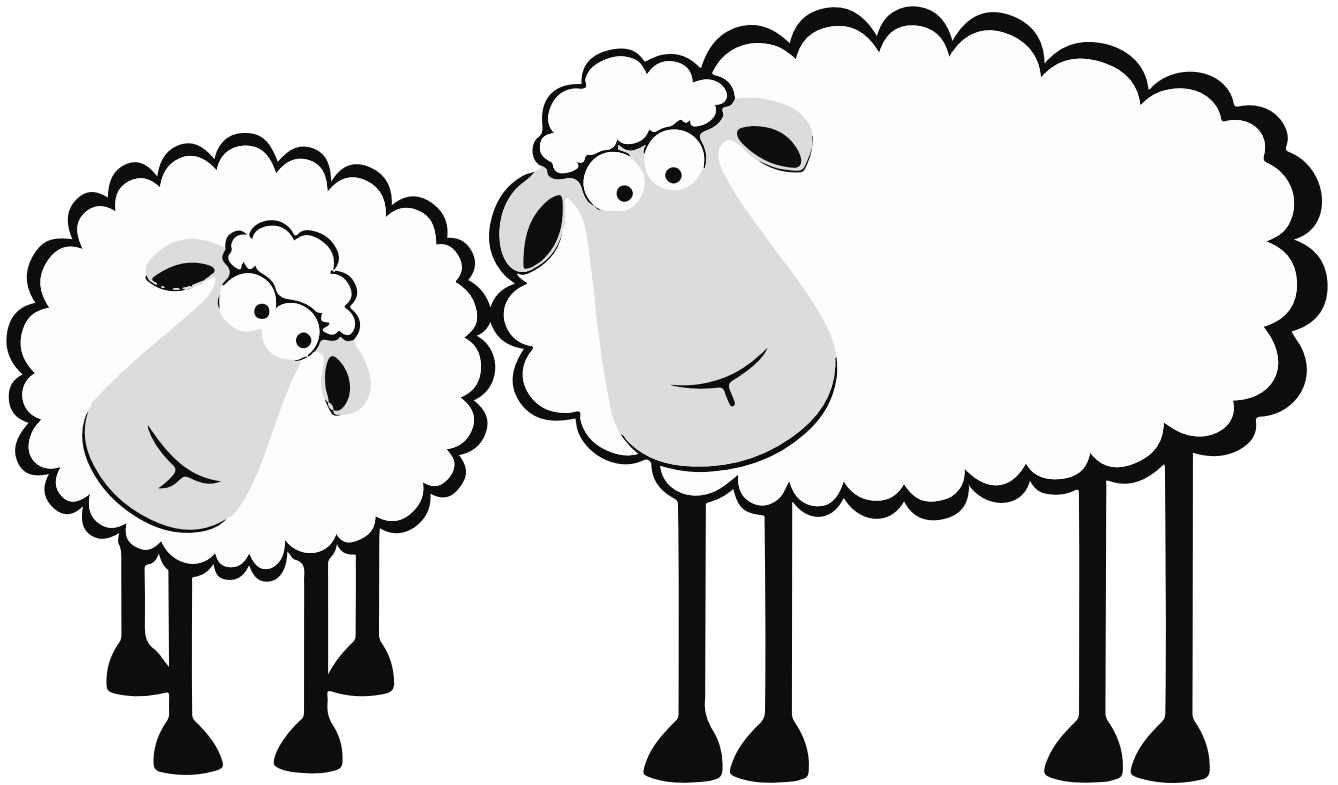
John 6:35-48



John 8:12; 9:5



John 11:25



John 10:11-14



John 10:7



John 15:1-5
